



Do you wrap your tarot cards in silk to protect them?

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Find out if you need to do this.

Many practising psychics use tarot cards as an effective tool in private readings. The tarot is great for focussing on short-term predictions, of up to two years.

Let's face it; most of us consult readers with immediate questions. We want to know about job prospects, relationship opportunities and our finances this year. Sometimes we want to know about love possibilities this week.

Because tarot readers handle their cards constantly, they form an invisible psychic cord to their decks. When their cards are not in use, many readers wrap them in silk to protect them from strangers. Wrapping an object in silk is a traditional method for protecting that item from prying strangers.

If a stranger picks up a deck that has been only used by one person, they'll have a psychic cord link to that person. Someone with negative intentions might use that link to uncentre the tarot reader.

When I worked in a psychic centre in London many years ago, we often had visitors who wanted to hang around for our energy and not to receive readings. Just

because someone has squandered his or her own energy doesn't mean that you owe them any of your vitality.

Late one afternoon a woman arrived in the doorway for some energy. She surveyed the room and walked directly to my table. She glanced at my tarot deck and before she could reach for it, I gathered my cards and packed them away. She then moved on to the next reader and within 60 seconds she was shuffling her deck while they had a conversation.

The reader wasn't aware of her visitor's intentions but I saw them clearly. I left the office for the day leaving nothing behind that could be used to drained me. I even swapped my chair with a waiting room seat as I sensed that she'd be sitting in my space soon after I departed. She was an energy vampire and she knew it.

If you ask each client to shuffle the deck as I do, there's no need to wrap your deck, as it will have more clients' energies than your own. I ask each client to shuffle the cards and then to place each card on the table into three piles. This is shown in the short video. By doing this, clients place their energy into the deck to refresh it, so to speak. The deck is then ready to answer their questions.

There are several signs that you've been drained by a client during a reading, including,

- **Feeling fuzzy-headed after the session.** You might find yourself unable to concentrate on anything or to focus on your next client.
- **Feeling suddenly exhausted.** This can occur when you try to give too much to clients or when clients in upheaval become sponges for energy during moments of chaos.
- **You're unable to stop thinking about the reading,** long after it has concluded. This can happen when you have not severed your connection with the client and it may not be the client's fault. Your agreement to intuitively open up to that person is only for the time you sit together. It's up to you to ensure contact is broken when the client departs.
- **You feel suddenly ravenous for sweet foods,** chocolate or desserts. This can be a sign that you've been emotionally drained. It's funny how often we reach for food to replace emotional energy.

Just as you might wrap your cards in silk to protect them, it's essential to protect yourself. If you lose your energy reserves, you won't be very effective as a reader and in the long term, you might develop chronic health issues.

Clairvoyants and tarot readers work with emotional and spiritual energy and it's essential we understand how these energies work. If we remain psychically open after a day of readings, we are liable to be drained by past clients.

They usually don't do this intentionally. They simply desire more energy and it's easier to take some from an existing psychic chord to a recent tarot reader than to meditate or find other sources of spiritual nourishment.

Because many people who consult tarot readers are often drained or uncentred themselves by life events or difficult circumstances, it's important that we, as readers, are centred and nourished to support them towards positive outcomes.

It's also vital that we do this without draining ourselves. We can begin this process by asking ourselves "How can I help you today without burdening me?"

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